



ACHIEVE - COURAGE - COOPERATE - RESPECT



FROM THE PRINCIPAL

Hi families, it has been great that we have had such a great start to Term 2. There has been lots of different opportunities for our students to try out or compete in different sports recently and we've seen some great results. Congratulations to all students who have been selected for district teams.

With the cooler weather and the cold and flu season on our doorstep, a friendly reminder that students feeling unwell need to stay home until they have fully recovered.

- If your child has experienced diarrhea or vomiting, you must keep them home for at least 24 hours since the last episode.
- If your child needed Panadol, Nurofen, or other such medications in the morning, they are not fit for school and need to stay home.
- Students who are unwell with mild symptoms are still required to stay home until all symptoms have completely cleared.

Children who are unwell are not ready for learning and potentially put the health and safety of other students and staff at risk.

Unfortunately, there has been an increase in Covid-19 cases at school recently. Current advice from SA Health strongly recommends that staff, students, and children who test positive to Covid and have symptoms stay home during the infectious and recovery period (5-7 days). We need everyone's support with this and really appreciate those parents who have kept sick kids home. Well done and thank you!

You may have noticed that SkoolBag has changed its name to Audiri. Audiri is the main communication channel that our office uses to communicate with families. If you haven't yet downloaded the app to your phone, please search for the Audiri app in your device's app store. Once downloaded it is relatively straightforward to search for and add Keith Area School. It is helpful to ensure that notifications are turned on, so you don't miss any important information.

We are noticing an increase in students crossing the road on Tolmer Terrace to be picked up/dropped off by their parents who are parked between Out and About Clothing and O'Brien Electrical. A safer drop off/pick-up point is on Naracoorte Road by the animal sanctuary. Children can then cross at the pedestrian crossing. There is lots of parking available and is often in the shade if you are waiting for children in the afternoon.

Thanks for keeping student safety in mind when parking and doing the drop off/pick-up run.



DIARY DATES

Term 2

- 26th May F-6 Assembly 9:05am
- 26th May 7-12 Assembly 2:25pm
- 30th May 7-8 Knockout Basketball
- 7th June Year 9 Parliament House Excursion
- 7th June Facilities Email Meeting
- 7th June Finance Meeting 12:05pm
- 8th June State Carnival Cross Country
- 9th June Pupil Free Day
- 12th June Public Holiday
- 13th June Agriculture Meeting 5pm
- 19th June Governing Council Meeting 7pm
- 23rd June F-12 Assembly 2:25pm
- 23rd June Year 7-8 Parliament House Excursion

FEEDBACK

At Keith Area School, we value the input that we receive from parents and community members. If you would like to provide the school with some feedback, there are many ways that you can get in touch with us. In person, speaking to a teacher, leader or another staff member. You can also provide us feedback in writing via a letter or email to dli.0757.admin@schools.sa.edu.au

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SCHOOL

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DEPUTY PRINCIPAL NEWS

MR RUSSELL WOTTON



A big thank you to all our sponsors

"WILKEI WONDER"

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Meet our goat... "IGAwhitza"

IGR Keith - PROUDLY LOCAL

MEET SOME MEMBERS OF OUR POULTRY TEAM, SPONSORED BY...

KEITH BAKERY

Back Row: Mr. Wotton with Doughnut, Connor with Pie, Dylan with Holdog
Front Row: Lexi with Nugget, Jayne Ann with Cookie, Charlotte with Kitchener

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"Harley" with his humans, Sarah & Emma, visiting Buff at South East Car Brokers

MEET OUR SHEEP... "Bubbles"

W

Sponsored by Wotton Family Wines, Uraidla, Adelaide Hills.
Visit the Cellar Door Friday - Monday 11am - 5pm
www.wottonfamilywines.com.au

Bendigo Bank

Thank you to Bendigo Bank Good Country Financial Services Limited for their generous grant funds which will be used for equipment and uniforms for the Ag department.



Thanks to Linda & Mick from Good Country Hemp and the Gartner Family for teaching our Year 9-12 Agriculture students about the Hemp Industry.



From the beginning of Term 3, smart watches will be banned at school.



Primary Assistant Principal News

Mrs Kristy Clark



Pupil Free Day

The hardworking Primary Team travelled to Murray Bridge on the Pupil Free Day at the start of this term. We are working closely with a project officer in Adelaide to improve our mathematic teaching and results. The Primary Site Improvement Plan is focused on Maths this year, so it was a great opportunity for our staff to focus on Maths Chats and the Big Ideas in Number.

Times Tables

All classes from Year 3 to 6 have now got times tables cards to work on at home as well as in class. Please speak to your child's teacher if you have any questions.

Primary Maths Problem

A big thank you to Ada, Lila, Arabella, and Imogen who completed and won the last Family Maths Challenge. I loved reading your problem-solving skills and hearing that you enjoyed the task.

Maths Chats

As a result of the Pupil Free day all staff from Foundation to Year 6 have included daily Maths Chats into their teaching practice.

Daily Maths Chats are:

- A daily maths routine
- They give multiple exposure of content topic
- Intentional and explicit to reinforce the Big Ideas in Number
- Based on students need
- Structured to reduce cognitive load

The idea of the chats is that students can review topics already taught and practice number skills consistently. The Big Ideas in Number is a framework that supports the conceptual development of number sense, which is fundamental to mathematical learning. If students don't have a solid understanding of these big ideas, their progress in the number strand and mathematics in general will be more difficult.

These are some examples of the Daily Maths Chats

Card 1: Place value
 I can write a number in standard form.
 What number is represented here?
 (1000, 1, 100, 100, 10, 10, 10)
 How do you know?

Card 2: Compare quantities
 I can identify which is greater or less than, to compare quantities.
 Make a true sentence.
 forty is less than nine
 seventy is greater than three

Card 3: Tracing the Count
 I can identify and find the missing part.
 There are 10 dots on this page. Some can be seen and some are hidden. How many dots are hidden under the grey shape?
 (7 visible dots, 10 total dots)
 10 = 7 + ?

Card 4: Tracing the Count
 I can describe all the part-part-whole relationships of 10.
 Write the number sentences to represent these bar models.

Whole 10	
Part 8	Part 2

Whole 10	
Part 4	Part 6

Whole 10	
Part 3	Part 7

Card 5: Place value
 I can use my knowledge of place value to calculate.
 Calculate.
 What is the same and what is different?
 $23 + 23 =$
 $230 + 230 =$
 $2300 + 2300 =$

Card 6: Tracing the Count
 I can say which group has more or less.
 Are there enough bones for the amount of dogs?
 There are 5 dogs.
 There are 4 bones.
 (5 dogs, 4 bones)

Primary Assistant Principal News

Mrs Kristy Clark



Foundation to Year 3 Task

This week the Challenges are below. Please bring your answers to Mrs Clark by the end of Week 5.

Year 3 (Challenge) to Year 6

How much would it cost for each family to go to the show?

The Ice Cream Cone

There are four flavours of ice cream:





You can put two scoops into each cone. The two scoops can be the same flavour or different. How many different cones can you make?




	GATE	PRE-PURCHASE
ADULT (15+)	\$23.00	\$20.00
CHILD (5 Years to 14 Years)	\$15.00	\$13.00
CHILDREN UNDER 5	FREE	FREE
STUDENT	\$19.00	\$16.50
SENIORS CARD HOLDER	\$19.00	\$16.50
FAMILY	\$59.00	\$51.50
<i>2 Adults & 2 Children OR 1 Adult & 3 Children</i>		
DISCOUNT DAYS	\$15.00	\$15.00
<i>Adults At Kids Gate Prices Wednesday & Thursday - Before 1pm (Pre-purchase not available)</i>		
DISCOUNT RIDE COUPONS - 1	\$100 Value For \$80	
DISCOUNT RIDE COUPONS - 2	\$40 Value For \$35.00	



Show Time
Entry Prices

Smith Family	McKenzie Family	Ranch Family	YOUR Family
2 Adults 2 year old 5 year old 13 year old	2 Adults 4 year old 8 year old 10 year old	2 Adults 12 year old 16 year old 17 year old	
Jones Family	Wilson Family	Small Family	CREATE A Family
1 Adult 3 year old 6 year old 14 year old 16 year old	2 Adults 1 year old 4 year old 7 year old 11 year old	3 Adults 4 year old 10 year old 12 year old 16 year old	(5 people max)

How much would it cost for each of these Families to go to The Show?

	Pay At The Gate	Pre-Purchase	Discount Day
Smith Family	\$.....	\$.....	\$.....
McKenzie Family	\$.....	\$.....	\$.....
Ranch Family	\$.....	\$.....	\$.....
Jones Family	\$.....	\$.....	\$.....
Wilson Family	\$.....	\$.....	\$.....
Small Family	\$.....	\$.....	\$.....
YOUR Family	\$.....	\$.....	\$.....
CREATE A Family	\$.....	\$.....	\$.....


Which Family has the cheapest total entry Fee? \$.....

Which Family has the most expensive total entry Fee? \$.....

How much did the Smith Family save by pre-purchasing their entry tickets? \$.....

How much would the McKenzie Family save by going to The Show on Wednesday? \$.....

How much would it cost for your Family to go to The Show? \$.....



Show Time
Family Entry Prices

Secondary Assistant Principal News

Ms Chantelle Lucas



WELCOME

Welcome back to our secondary students and families as we begin Term 2!

I want to extend a very big thank you to all the teachers, SSOs and parents who contributed their time and efforts to the many successful events, camps, and excursions that took place in Term 1.

After a very busy and exciting Term 1 we are all looking forward to having more time for teaching and learning in classrooms this term. I look forward to seeing the outcome of many exciting endeavours students have been undertaking in their classes.

As always, please feel free to contact me or any of the teachers in the secondary team if you have any questions or concerns for your student as the year progresses.

PROGRESS CHECKS

This term all 7-12 students will receive a Progress Check to give you an update on their academic progress as we approach the end of Semester 2.

Each subject will receive a traffic light of green, amber or red.

- Green - student is passing the subject, and is up to date on all task submissions
- Amber - student is at risk of failing the subject, and may have overdue or incomplete tasks
- Red - student is expected to fail the subject, and has overdue tasks not handed up



WE NEED VOLUNTEERS!

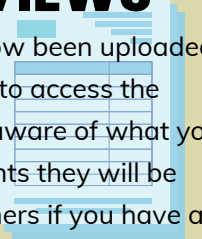
Are you able to volunteer some time to support secondary students?

Time commitments could be as brief as a 50-minute lesson, and can be arranged around your availability. Larger periods of time are also welcome but not necessary. Any time you can volunteer will be much appreciated.

Please contact Sarah Makin in the Front Office for more details.

TERM OVERVIEWS

Term 2 learning overviews have now been uploaded to Daymap. Families are encouraged to access the overviews on Daymap so you are aware of what your child is learning and the assessments they will be given. Please contact subject teachers if you have any questions.



DAYMAP

All student assessment tasks from Year 7-12, including draft and final due dates, are regularly uploaded to Daymap. Homework tasks will also appear as assigned by teachers. Keep an eye on Daymap for upcoming due dates and any changes to deadlines.

Students will continue to receive Approaching Standard, At Standard, or Above Standard, for each task from Years 7-10. These grades will also appear on Daymap as tasks are marked. At the end of the semester students will receive a letter grade that reflects the portfolio of work they complete across the whole semester.

YEAR 10/11 WORK EXPERIENCE



Work experience for Year 10s and 11s will take place this term in Week 10, from the 3rd -7th of July. Full details can be found in the letter sent out via EdSmart in Week 2.

Year 10s are expected to undertake the full week of work experience this term. Year 11s may decide to forgo another work experience block to attend school as normal.

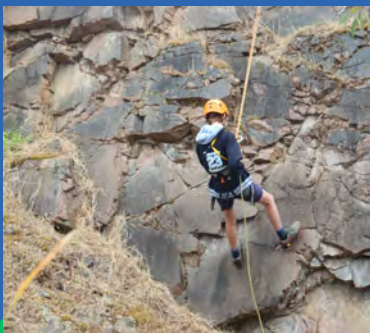
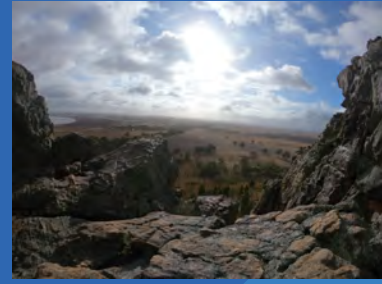
Year 10 students are encouraged to start making arrangements with employers now and get the form to Miss Lucas by Tuesday of Week 7.

If students require help or support to organise work experience or complete the paperwork, please come and see Miss Lucas.

SCHOOL NEWS

OUTDOOR EDUCATION MOUNT ARAPILES AND MOUNT MONSTER EXCURSION

In Week 11 of Term 1, the senior Outdoor Ed class went on their first big expedition to Mount Arapiles for 3 days of rock climbing and abseiling. After an early departure, we made it to camp to get set up before heading over the Bushranger's Bluff for our first real climbing experience. Students had been practicing skills all term in preparation for this camp, however nothing can really prepare you for your first experience in a real cliff environment of up to 150m! Students demonstrated excellent skills throughout the day, quickly adapting their belaying techniques and getting up some tricky climbs. Although there were some shaky knees, everyone had a go and set their first PBs for the camp (including Miss Lucas!). The first night saw a bit of inclement weather, so their tent pitching skills were put to the test, and they passed with flying colours. Some interesting dinner choices saw most groups full and cleaned up ready for games, although I think Nathan and Jack may reassess their choices for our next trip. In the morning, once the weather cleared it was off to Mitre Rock for day 2 where students continued to push themselves to improve. From here we could take in the spectacular views of all the surrounding farmlands, lakes and The Grampians mountain range. Another night of food and games (including some fierce Mafia competition) and watching Jack try and clean his Trangia for another 2 hours before heading off to bed with some tired and sore bodies. The final morning we returned to Bushranger's Bluff to try some larger cliffs which certainly tested the mental fortitude of some, before hopping back on the bus to return home. It was great to see how the students engaged with such a unique environment and encouraged each other consistently to strive for their best. They also developed some excellent camp craft skills, and I was extremely proud of just how well they collaborated around base camp. Next term we are into Bushwalking with our next trip seeing us head down to Deep Creek Conservation Park. Look out for more adventures to come!

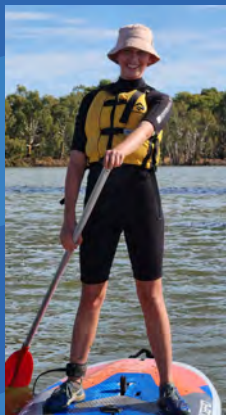


On Thursday 30th March, the Year 11/12 Outdoor Ed students went on an excursion to Mount Monster to put their new rock-climbing skills to the test. Although there would be no climbing per say, the students all had a chance to practice with their safety gear and experience their first abseil. Some very brave students went straight for the vertical cliff and jumped right in, showing exceptional confidence and competence as they cruised down the wall. Others took a more conservative approach on a little ridge line; however, it was great to see them all having a go in a cliff environment for the first time. Unfortunately, some inclement weather meant we had to leave a little early, but it was still great preparation for the Mount Arapiles camp in Week 11.

SCHOOL NEWS

AQUATICS EXCURSION

In term 1 week 10 the year 9 students travelled to Swanport for the Aquatics Camp. They were involved in and thoroughly enjoyed many activities which included windsurfing, sailing, knee boarding/skiing and stand-up paddle boarding. We were very lucky with the weather as it was sunny for the days that the students were on the water.



P6 CLASSROOM NEWS & AUTISM NEWS

During term 1, the students of P6 were busy creating a quilt. Each student had a square and painted their name and a picture that was special to them. They were then sewn together by Kelly in term 2.

The quilt represents the students, teacher and SSOs of P6. If one of us was missing, then we wouldn't be whole and the quilt would not work. Each square is special, and each square is essential for the whole quilt to work properly.

This is how we view our class. Each student is unique, special and essential to the wellbeing of the class as a whole. When one student is away he/she is missed and the remaining members look forward to the return of that person.

The students had a lot of fun designing and painting their squares and the quilt will be hanging in P6 for the remainder of the year.



Girls and Autism

When talking about autistic children or adults, most people think of boys. That's because data suggests that there are four times more boys diagnosed with autism than girls. However, it is thought that the actual rate of autism in girls may be closer to being twice as many boys as girls having autism. This would mean that there are lots of girls in communities across Australia that are not being diagnosed. But why?

The reason for this may have many different aspects. One of the theories is that autism presents differently in girls and so often isn't recognized. Girls are also very good at 'camouflaging' their symptoms so they can fit in with their peers. Camouflaging or 'masking' as it's often called is when the child can 'take on' or 'mimic' the socially accepted behaviours of their peers. Masking can be very tiring for girls which can have detrimental effects on their physical and mental health. Another theory is that girls may have special interests that are more accepted by other girls, therefore they are not always recognized for their intensity or level of extreme focus, which is a behaviour of autistic students.

For more information on girls with autism and autism in general these are two very good websites:

<https://www.autismawareness.com.au/>

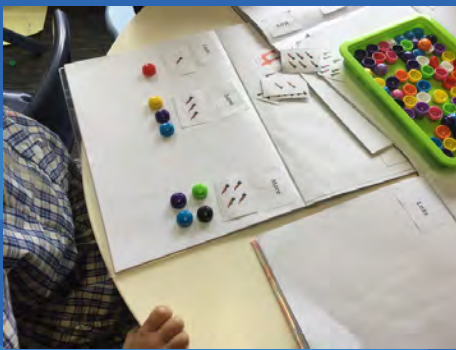
<https://www.autismspectrum.org.au/>

SCHOOL NEWS

CLASSROOM HIGHLIGHTS



This term, the Year 3 class are engaging in a Visual Art unit called Collage Birds. They created colourful painted paper and used this to cut and paste shapes to create a range of different birds. The students did an amazing job to layer the different pieces and include lots of detail. They are certainly colourful!



J3 Maths

In Week 1, we were comparing different groups of objects to identify which had more, less or the same. We played some games to help with our learning. Through these activities, we were practising and consolidating our skills in counting with 1:1 correspondence, subitising, matching and partitioning. All of these help us develop strong number sense.



In Term 1 the Year 7/8 Home Ec class designed and created their own aprons, which will be used this term during their cooking practicals.



SCHOOL NEWS

ADELAIDE HOLOCAUST MUSEUM EXCURSION – BY JESS AND MAKAYLA

On Thursday, 30th of March, the Year 10 class had the opportunity to visit the Adelaide Holocaust Museum. We had an early start, departing in two buses at 8:00am, with Miss Day in one bus, and Miss Lucas in the other. Once we had arrived in Adelaide, after a few parking mishaps, we realised we were 20 minutes early, so we spent that time over at Victoria Park.

At 11:30am we walked back over to the museum where we were greeted by our two tour guides Tamas and Nick. After an introductory session, we were given an Adelaide Holocaust Survivor to learn about in pairs. Seeing as we already knew a lot about them, we filled in what we knew, the remaining questions could be found in the discovery section of the museum, which is the main artefact area.

We were split into two groups, with the first group answering their questions accompanied by Nick. While answering the questions, the students learnt more about what it was like for the Jews during this time. The other group learnt more about the different aspects of the Holocaust with Tamas. In pairs we were given a piece of historical evidence and then we answered questions about them on a piece of butcher's paper. After 10 minutes, the groups swapped, with the second group answering their questions. Another 10 mins passed, and it we headed back to the main area to recap what we learnt about our people.

We had a surprise visit from a Holocaust survivor, Mr. Andrew Steiner. He talked about his life during World War II, and we had the chance to ask some questions. The students came up with some interesting questions such as:

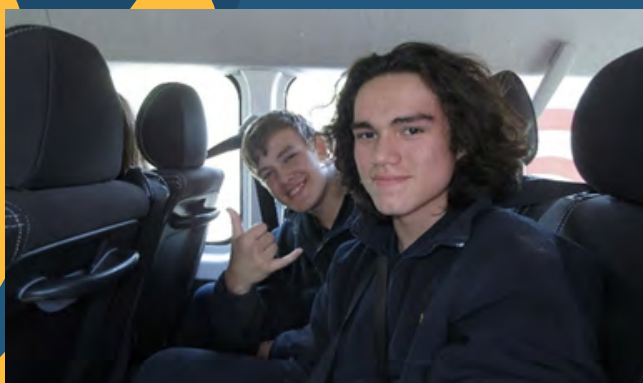
“Is it hard for you to talk about your past?” - Makayla Woods

“What inspired you to talk about your past to other people?” - Jed Smith

“Do you have any family left in Adelaide?” - Bailey Ross

After an informative discussion with Andrew, and a few photos, it was time to head home. We stopped at the Tailem Bend OTR for some lunch and a stretch before arriving home at 4:30pm, ready to climb into bed.

A huge thank you to Tamas, Nick and Andrew for their time to teach us about the Holocaust, and to Miss Day and Ms. Lucas, for making the trip possible. It is surely one we'll never forget.



SCHOOL NEWS

CLASS M1 AND M3 SLAM POEMS

Pressure

Every day is the same,
We wake up, go to school, we study,
and we sleep.
The pressure builds up,
Like a building, that is bound to fall.
No one witnesses the many hours
spent at home,
Worrying about the tests and
assignments.
As if we are drowning in the ocean of
despair,
We are desperate, to come up for air.
The tears of joy and pain,
All catch up at the end of the day.
Grasping on to every opportunity,
Causing more pain when lost.
Every, little, thing,
Is just another thing to add to the list of
things to do.
So, when the time comes,
We just smile and say,
Everything is going to be OK.
By Anonymous

Football

On the field
You feel the adrenaline
As You grab the wet, grippy ball
You hold it as tight as the earth's
gravity
You smell and feel the wet grass
As you are thrown into the thick
soggy mud
The only thing you hear is yourself
As you charge into the battle that
awaits
On the field the fight never ends
It's you against you when you are out
there
Before the battle begins
You are forced into battle Armour It
feels like war out there
Smashing into each other for a little
taste of victory
The worst of the worst
But one x thing is for sure it will
happen on the field
By Gus

Basketball

We shoot, We cheer, We pass, We
dribble.
The blood, the sweat, the tears, the
laughter,
The squeak of the shoes.
The ball bouncing on the wooden floor.
All you can hear is the screaming,
clapping, and cheering from the side
lines.
I turn my back and run down the court,
Swish the ball soars through the hoop.
There is screaming and clapping all
around,
The thrill is astonishing.
The whistle in your ear, the grip of the
ball,
The shot clock counting down it is
terrifying.
The feet pounding around the key,
I look up to the score, it is 20 -20.
The blood is rushing through my veins
like a freight train,
We need the final score.
By Anonymous

The Sun

The sun shines bright above
In the daylight, a little dove
Flying in the sky, so high
But one day it will fall
Then one day the moon will come
In the play place, In the store
The moon will roam free
Killing anyone in his way
He will make you pray
For daylight, For sun
But then he will rise once again
The sun shines bright above
By Anonymous

School

The bell rings
The teacher calls us like soldiers
The sound of paper hitting the desk
The sound of pencils on paper
Tables and chairs Infront of me
The bell rings
We get our food
We eat and play
We come back in and do more boring
work
The teacher enters the room
Puts a video on the board
The classroom is as boring as sitting
in the same spot all day
School work is as boring as driving all
day
By Anonymous

Ocean

As I look at the ocean
The calming splashes in the water
settles me down
Spread your feet and feel your body
sink beneath you
I can hear the peaceful sounds of
birds chirping
And smell the scent of salt rushing up
my nose
I can feel the sun
Shining in my eyes as I am
Looking at the ocean glimmering
I can feel the wind brushing through
my hair
Lay down and let the wind take you
away
The waves are roaring like a lion
By Pania

SCHOOL NEWS

CLASS M1 AND M3 SLAM POEMS

The Land We've Wasted

Actions come with a price,
But you don't have to pay the debt,
mother nature does.

The birds that once chirped are now
silent in the trees that you've burned
and the butterflies that used to float
about have now been replaced with
the junk you throw out.

The turtles that used to swim free are
now tangled in the litter that you left
behind thinking it won't have an
impact or that someone else will take
care of it.

And the air that was once fresh and
sweet, is now full of toxic fumes and
smog, don't forget about the
waterways... once clear as a pail of
glass, now, murky and littered with
trash.

Forests that once stood tall and proud
are now left alone.

Once beautiful, luscious trees are now
nothing but tall concrete mountains
and crowds thick like the fog on a cold
winter's morning.

Snow leopards, red pandas and Javan
rhinos are now animals that are
predicted to go extinct before 2030,
these are just a few of the many
animals that your kids won't believe
existed.

And let's not forget the glaciers that
are now rapidly melting away leaving
the polar bears with what?

Humans, blinded by greed and money,
have destroyed nature's beauty that
we can't get back.

Actions come with a price.

By Madison

Cricket

Wake up with nerves as heavy as the
earth.

Arrive at the oval with the weight still
stacking on my shoulders.

The coin flying in the air, hovering,
defying gravity

Fielding first in the cool wind, almost as
cold as a fridge.

The warm ups are freezing you as the
leather of the ball smacks the palm of
your hand.

The walk out onto the field is nerve
racking as the bowler is getting
prepped.

The first ball flies down the pitch like a
bullet to get blocked like Taquavion.

In the twentieth over you feel like
you're a steak searing in a pot of oil.

When it is our turn to bat everyone's
smiles come out like flowers at sunrise.

But after the first ball it was already
sunset.

Finally it was my time to turn into a
transformer.

As I was bounding out to the pitch all
the sound of people talking drowns out
as I start to focus.

I'm getting instructions from my
teammate but none of it is making
sense like a story written by an infant.

The bowler starts to storm in like an
angry bull.

The ball flying at me at the speed of
light. I put my bat there and I hear the
death rattle.

First ball, almost if my bat formed into
a donut.

The walk of shame, I feel like a goose.
As I walk past everyone I just want to
close my eyes to wake up and it be a
dream but no.

Packing up my stuff I start to regret
playing this game.

The only good thing about the day was
I got the chance.

By Oscar

Netball

The love of my life is not a boy.

It seems that way but, but the thrilling
chills I get while playing netball is
better than anything else.

The way the netball dresses flow in
the wind.

The way the ball swishes through the
ring.

Is a feeling no one can imagine.

The way I leap to the ball feels like I'm
flying.

The way the ball screams though the
wind.

When I run up and down the court
with each step the adrenaline builds
up.

When the crowd cheers the joy
creeps up within me, and it is a feeling
like no other.

When you receive recognition from
your coach, as you make a successful
interception during a game, oh what a
feeling.

As the pressure is threatening me to
get the ball in the ring all I think about
is what will happen if I miss.

As I shoot the ball every eye looks up.
Everything goes into slow motion.

The ball goes up.

Cheers echo down the court.

All eyes look up at the scoreboard.

As the number go up.

The crowd goes wild.

By Tori

EXTRA-CURRICULAR NEWS

SAPSASA

CROSS COUNTRY

The event was held at Naracoorte Primary School and was well attended by many schools from Upper South East region. Well done to all runners, and congratulations to the following students who finished in the top three for their age group.

Tess S - 2nd, 8 yr old girls
Scarlett R - 1st, 9 yr old girls
Jack M - 3rd, 9yr old boys
Izzy M - 3rd, 12 yr old Girls

Many runners have also been selected to attend Oakbank Cross Country in week 6 term. Thank you to everyone on the day who supported our little runners!



SWIMMING

On Friday the 5th of May, Zach S, Hugo S, Aria R, Hazel B, Kensie, D Lily A, Hayden G, Bill M and Lucy M represented the Upper South East in Adelaide at the Swimming State Championships. The team had a very successful day, winning Division 2 and we had many fantastic individual results.

Zach - 6th 50m backstroke, 7th 50m freestyle, 1st 10 year old boys relay
Hugo - 3rd 100m freestyle, 4th 50m freestyle, 2nd 12 year old boys relay
Aria - 1st 50m backstroke, 4th 50m freestyle, 1st 11 year old girls relay
Hazel - 1st 50m butterfly, 1st 50m breaststroke, 1st 11 year old girls relay
Kensie - 8th 50m backstroke, 1st 11 year old girls relay
Lily - 1st 12 year old girls relay
Hayden - 2nd 11 year old boys relay
Bill - 2nd 12 year old boys relay
Lucy - 3rd 10 year old girls relay



Thank you to all of the parents who helped and to Carol from Frances for all of her organisation.

More SAPSASA to come next Newsletter

WELLBEING NEWS

SELF CARE AND YOUR WELLBEING

- Self Care is about being deliberate in taking time for yourself for the betterment of your mind, body and soul.
- Self Care is not about being selfish, It is about replenishing and refreshing your spirit in different ways.



USEFUL APPLICATIONS FOR YOUR SELF CARE



BEYOND NOW

Convenient and confidential, suicide safety plan to assist you through tough moments with things such as thinking about your reasons to live, distracting yourself with enjoyable activities, coping strategies and people you can contact for support – your friends, family and health professionals.



LIFEBACK TRACKER

An early intervention tool you can use to help ward off early signs of stress, before they escalate into more serious mind health challenges.



SMILING MIND

Modern meditation, a unique web and app based program developed by psychologists and educators to help bring balance to peoples lives.



CALM HARM

Calm Harm is an app designed to help people resist or manage the urge to self-harm.



REACH OUT BREATHE

ReachOutBreathe helps you reduce the physical symptoms of stress and anxiety by slowing down your breathing and your heart rate with your iPhone or Apple watch.



BUDDHIFY

Mindfulness-based meditation to help you de-stress, sleep better, and bring more awareness and compassion to all parts of your life.



MY CALM BEAT

Brain exercises that help improve your ability to manage stress through slow breathing.



MYMOOD TRACKER

Record moods and activities with statistical charts to help you understand your habits and mood patterns.



KEITH COMMUNITY LIBRARY

Check Out

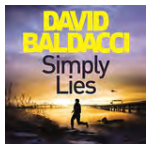
OUR NEWEST TITLES



Adult Fiction
Sunrise Over Mercy Court
Fiona MCCALLUM
Family Life



Non Fiction
The Anxiety Reset Method
Georgie COLLINSON



Adult Fiction
Simply Lies
David BALDACCI
Thriller



Non Fiction
Welcome to Consent
Yumi STYNES &
Dr Melissa KANG
Middle School



Adult Fiction
Anatomy of a Scandal
Sarah VAUGHAN
Thriller



Non Fiction
Blood Sweat & Steel
Curtis MCGRATH
Autobiography

HOMECOMING



Kate MORTON
Thriller

Adelaide Hills, Christmas Eve, 1959: At the end of a scorching hot day, beside a creek on the grounds of the grand and mysterious mansion, a local delivery man makes a terrible discovery. A police investigation is called and the small town of Tambilla becomes embroiled in one of the most shocking and perplexing murder cases in the history of South Australia.

Sixty years later, Jess is a journalist in search of a story. Having lived and worked in London for almost twenty years, she now finds herself laid off from her full-time job and struggling to make ends meet. A phone call out of nowhere summons her back to Sydney, where her beloved grandmother, Nora, who raised Jess when her mother could not, has suffered a fall and been raced to the hospital.

An epic novel that spans generations, Homecoming asks what we would do for those we love, and how we protect the lies we tell. It explores the power of motherhood, the corrosive effects of tightly held secrets, and the healing nature of truth. Above all, it is a beguiling and immensely satisfying novel from one of the finest writers working today.



STORY TIME!



The Storytime group visited our friends at Sterling Lodge again on the last day of Term 1. Lots of fun was had by young and old!



Theatre Bugs returned to the Tatiara in the April school holidays for another fun filled week! Local children had the opportunity to take part in a week full of singing, dancing and acting culminating in a dynamic performance of Mary Poppins to a packed house of excited friends and family at the Keith Insitute.




CROCHET FOR ADULTS

@ KEITH COMMUNITY LIBRARY

Limited numbers, booking essential 8752 1473

Date: Thursday May 18, June 1, 15 & 29 2023
Time: 10am-11.30am

Learn the basics of crochet
This 4-week class is suitable for complete beginners
Projects include: hook case, small ball, beanie & granny square

BYO: equipment (size 5 or 6 crochet hook, 8ply yarn, scissors and darning needle)
Or
Purchase a kit for \$20 (kit includes 2 x 8ply yarn, darning needle, yarn markers and 12 plastic crochet hooks) BYO scissors.




AUTHOR VISIT

Staff at Keith School and Community Library were thrilled to receive a surprise visit from bestselling rural romance author [Maya Linnell](#) in Week 3. Maya was lovely enough to sign the copies of her novels that we had in our Library and pose for some photos with Michelle. Maya's latest book [Kookaburra Cottage](#) is set in the Limestone Coast and is due for release at the end of May keep an eye out for it on our Library shelves soon!





KEITH AREA SCHOOL

TERM 2 2023 CALENDAR

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
1	1 st May PUPIL FREE DAY	2 nd May	3 rd May Facilities 5.00pm	4 th May	5 th May SAPSASA Swimming	6 th /7 th May
2	8 th May	9 th May SAPSASA Netball 1 st trials	10 th May 9/10 Knockout Football Finance 12.05pm	11 th May SAPSASA Hockey 1 st trials	12 th May SE Cross Country trials Yr 7-10 9-a-side-football	13 th /14 th May
3	15 th May Ag Meeting 5pm	16 th May SAPSASA Netball 2 nd trials 11/12 Knockout Football	17 th May	18 th May SAPSASA Hockey 2 nd trials Year 10 Immunisations	19 th May	20 th / 21 st May
4	22 nd May SAPSASA Football Carnival Gov Council Meeting 7pm	23 rd May SAPSASA Football Carnival	24 th May SAPSASA Football Carnival 10-12 Careers Presentations & Parent night Outdoor Ed Bush Walk Camp	25 th May NEWSLETTER Outdoor Ed Bush Walk Camp	26 th May F-6 Assembly 9.05am 7-12 Assembly L6-2.25pm Outdoor Ed Bush Walk Camp	27 th /28 th May
5	29 th May	30 th May 7/8 Knock out basketball	31 st May	1 st June	2 nd June	5 th 6 th June
6	5 th June	6 th June	7 th June Year 9 Parliament House Excursion Facilities Email Meeting Finance 12.05pm	8 th June State Carnival Cross Country at Oakbank	9 th June PUPIL FREE DAY	10 th /11 th June
7	12 th June PUBLIC HOLIDAY	13 th June Ag Meeting 5pm	14 th June	15 th June	16 th June	17 th / 18 th June
8	19 th June Gov Council Meeting 7pm	20 th June	21 st June	22 nd June NEWSLETTER	23 rd June F-12 Assembly L6-2.25pm Year 7/8 Parliament House Excursion	24 th /25 th
9	26 th June SAPSASA Netball SAPSASA Hockey	27 th June SAPSASA Netball SAPSASA Hockey	28 th June SAPSASA Netball SAPSASA Hockey SAPSASA Soccer 1 st Trial	29 th June	30 th June	1 st /2 nd July
10	3 rd July Year 10 Work Experience	4 th July Year 10 Work Experience	5 th July Year 10 Work Experience SAPSASA Soccer 2 nd Trial	6 th July Year 10 Work Experience	7 th July Year 10 Work Experience Early Dismissal 2.15PM	8 th /9 th July

This calendar is subject to change – updated 08/05/23

Green – Sport, Blue – School, Orange – School Meetings/Events, Pink – Arts/Performances, Purple – Student events i.e. work experience, swimming lessons.