# **NEWS**LETTER







## **DIARY DATES**

Term 2 - 3

- 23rd June F-12 Assembly 2:25pm
- 23rd June Year 7-8
   Parliament House Excursion
- 26th 28th June SAPSASA Netball & Hockey
- 28th June SAPSASA Soccer
- 3rd 7th July Year 10 Work Experience
- 5th July SAPSASA Soccer
- 7th July Early Dismissal
- 26th 27th July AFL Max
- 21st August Pupil Free Day
- 4th September School Closure

#### **FEEDBACK**

At Keith Area School, we value the input that we receive from parents and community members. If you would like to provide the school with some feedback, there are many ways that you can get in touch with us. In person, speaking to a teacher, leader or another staff member. You can also provide us feedback in writing via a letter or email to dl.0757.admin@schools.sa.edu.au

White Ribbon



# FROM THE PRINCIPAL

# **External school review**

An external school review is an evidence-informed external evaluation of an individual school's capacity to improve student learning. It is a fundamental piece of the School Improvement Model and explicitly informs the work of school improvement in every school – supporting schools to raise student achievement and sustain high performance.

SA public schools are reviewed every 3 years to collaboratively evaluate school performance and effectiveness.

External school reviews evaluate the rigour of improvement practices and the capacity to achieve or sustain improvement over time. They help schools answer the question: 'How well does our school improve achievement, growth, challenge, engagement, and equity?'

School reviews are framed by the following 4 domains:

- · quality school improvement planning
- expert teaching
- quality leadership
- conditions for optimal learning.

The review process strengthens the focus on learning. It verifies or challenges the school's self-review findings. It does not include everything that schools do.

Each review is based upon lines of inquiry – specific aspects within each of the four domains to be evaluated based on the school's data, and conversations between the review team, the site leader, and the local education team.

At the end of the review a school is provided with key directions. These directions inform and support the school's improvement work and next steps in raising student achievement and performance.

Our next external review will take place in Week 4, next term on Monday 14th and Tuesday 15th August 2023. The review panel will consist of a Review Officer and a current Principal from another school. The review team will meet with groups of staff, students, and parents to gain insights about our school from different perspectives.

This will be my final contribution to the newsletter for the year as next term I will take up the interim President role for the South Australian Primary Principals Association (SAPPA). In this space I hope to be able to make a difference and be part of many conversations about issues which impact on students, teachers, leaders, and schools. While the work we do isn't always glamorous, there are certainly times which are highlights. The SAPPA board were recently invited to Parliament House to have dinner with the Minister for Education, Training and Skills, the Hon Blair Boyer. There we had an opportunity to speak directly, openly and candidly to the Minister, who was an exceptional host.

# FROM THE PRINCIPAL



He then took us on a private tour of the House of Assembly Chamber. This is definitely a highlight for the board. I look forward to working with the Minister, as part of my new role.



SAPPA board members in the House of Assembly, South Australian Parliament House. Minister for Education. Training and Skills, Blair Boyer (top right).

I would like to wish all students, teachers, and families the best of luck for the remainder of the year. I know the year has started strong and expect it will finish strong. Keep up the efforts, perseverance, and good work. While I'm not going to be at KAS, I will continue my close association with the school in my support of the new Principal, Mrs Jacqui Vandeleur and my close connection with many staff, students, and families. I am looking forward to hearing about the great things still to come.

I'd like to take this opportunity to congratulate Ebony Capurso who has been appointed as Deputy Principal, starting in 2024. Mrs Capurso is currently the Deputy Principal of Bordertown Primary School and was a teacher at Keith Area School several years ago. She is very excited to be joining our team next year. Congratulations Ebony.





# Are you interested in volunteering?

Volunteers play a vital role in our school helping to create an environment that supports the education and wellbeing of our children and young people.

We would love parents/grandparents/caregivers to consider ways in which they can support our school. We are always looking for volunteers to listen to students read or help out in the classroom.

If you are able to help with any of the areas listed above, please call (08) 8755 1177 or email sarah.makin658@schools.sa.edu.au

# LEADERSHIP CHANGES

About the changes

As Mr. O'Connor has explained, Keith Area School will see a few leadership changes over the coming months. It is worth noting that some changes have occurred because of my wish to return to the classroom in a full-time capacity.

Last year, I had the opportunity to take on the position of Acting Principal for three terms after a very short stint as a Deputy Principal. While it was something I was initially excited to have a crack at, I quickly found that sitting in the big chair wasn't my cup of tea.

While some students likely think I'm an old man, I still see myself as a relatively young bloke with a very young family. In my early thirties, and at best three and a half decades of my working life ahead of me, I was already spending substantially more time out of the classroom as an administrator, than in it as a teacher. While this may well work for others, it didn't sit too well with me. I informed Mr. O'Connor of my preference to step down from the Deputy Principal position, so that I could return to the classroom.

Mr. O'Connor has supported my decision and I have now been placed as a permanent teacher at Keith Area School from the beginning of 2024. Given my decision, when the opportunity to once again act as Principal was offered to me, I politely declined.

#### Welcome Mrs. Vandeleur & Mrs. Capurso

I had the privilege of working with Mrs. Vandeleur on occasions during my stint as Principal and found her to be an honest, dedicated and approachable colleague. I am thrilled that she has accepted the position of Acting Principal and look forward to working with her for the remainder of the year.

I am also very much looking forward to working with Mrs. Capurso next year. By all accounts, Mrs Capurso has been a welcome addition to the Bordertown Primary School team. Their loss is very much this school's gain.

Thanks to everyone who has accepted and supported my decision. I'll still be in this chair for the remainder of the year before heading back to the classroom full-time.

#### - Mr. Wotton

# DEPUTY PRINCIPAL NEWS

# **MR RUSSELL WOTTON**



# PLEASE REMEMBER: AEROSOLS AREN'T FOR SCHOOL

Unfortunately I have recently had to speak once again with our students about the dangers of aerosols at school. It is important to remember that some members of our community suffer severe allergies to aerosol sprays or perfumes that can act as a trigger to a serious asthma attack, or bring on a severe migraines in sensitive individuals. For some, exposure to aerosol sprays can be incredibly uncomfortable or even life threatening, resulting in hospitalisation or worse.

As such.

- Aerosols are banned from school premises, excursions, sporting events and all events where students are in confined spaces.
- Students are encouraged to follow correct hygiene procedures by applying deodorant at home after showering: a good deodorant will last all day if applied to clean skin before dressing
- Should deodorant be required for use during the school day stick or pump pack alternatives should be used.

# SCHOOL-BASED APPRENTICESHIPS

Recently I have spent a bit of time recently visiting our Year 11 School Based Apprenticeship (SBA) students to see how they are getting on. I even let Porsha cut my hair! It has been great to see these young men and women in workplaces where they get to build skills which will make them job ready.

With course counselling for next year not that far away, Year 10 and 11 students who would like to have a crack at an SBA are encouraged to catch up with Ms. Lucas or Mr. Wotton. Likewise, employers who think they could offer an opportunity to one of our students, we'd love to hear from you.

# **SCHOOL SPORT REVIEW**

In the last few weeks of Term 2 and early in Term 3, Mr Chambers, Ms. Pado and I will be conducting a review of School Sport at Keith Area School. In particular we will be seeking feedback about the past, purpose and future of Sports Day and Swimming Carnival, as well as considering which sporting zone best suits the needs of our primary students.

Parents should keep an eye out for a link to a survey on Audiri (formerly SkoolBag) and Daymap in the coming weeks. Our SRC will also have an important role to play in ensuring that students have their voices heard.



# Primary Assistant Principal News Mrs Kristy Clark

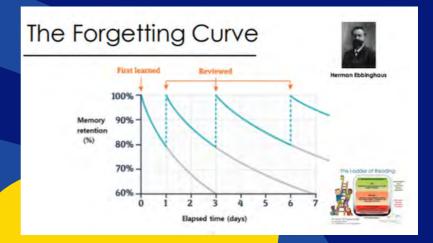


# Word Work

This semester the Primary teachers have been looking at the way in which we are teaching our Word Work content. We are constantly looking at ways to improve our practice and ensure that we are using research-based methods in our teaching.

We have been focusing on the core elements of what students need to learn to successfully be able to read and spell. Research demonstrates that explicit teaching; a systematic method of teaching with emphasis on proceeding in small steps, checking for student understanding and achieving, active and successful participation by all students is the most successful way to teach spelling in the classroom.

Another concept that we have been focusing on is reducing the cognitive load for students so that their brains are concentrating on the content of the word work program. Teachers are using reviews in their daily practice to improve students' knowledge and assist students to add the knowledge and skills to their long term memory.



The forgetting curve demonstrates how when students learn something the biggest drop in retention of information happens very soon after learning. This highlights why reviews of content taught are an important part of our learning programs.

# Morphology and Etymology Morphology Etymology

Morphological knowledge involves understanding the smallest parts of words that bear meaning. Morphemes may include base words, prefixes or suffixes.

For example, happiness has two morphemes – the base word 'happy' and the suffix 'ness':
•happy means 'a feeling of pleasure or joy'

•ness means a 'state or quality' (like words such as gentleness, greatness, darkness).

Etymological knowledge is an understanding of the history and origins of words. Many English words come from, or have their roots, in other languages. This is especially true for words from learning areas such as science, mathematics and the arts. Teaching etymology can also improve students' interest in words and thus their motivation to learn vocabulary and spelling.

Example of Etymology

## Salary (Origin: Latin)

The word "salary" comes from the Latin salarium, meaning "salt money."

In ancient times, salt was used for many important things and was often referred to as "white gold." It could be used as an antiseptic to treat wounds.



# Primary Assistant Principal News Mrs Kristy Clark



Some learning that you may have seen in students' books or in homework journals.

#### Elkonin Boxes

Elkonin boxes phonic skills by segmenting words into phonemes with corresponding graphemes. As students learn letter-sound correspondences, using Elkonin boxes can support phonics skills. Introduce the target word—for example, 'light'— pronouncing it slowly, stretching it out by sound. Ask the students to repeat the word. Say it together, ask students to repeat chorally and identify students to repeat individually. Use 'boxes' or squares on a piece of paper, smartboard, or mini whiteboard, allowing 1 box for each phoneme. Students select graphemes to fill the boxes. The example below shows an Elkonin box for the word 'light': /l/ /igh//t/.

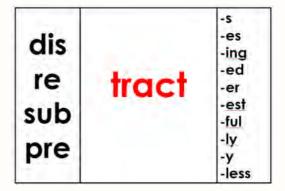


### Morphology Examples

Let's add the prefixes and suffixes to the root word tract to create new words.

Today we will use the Latin root

to make words



Please speak to your child's teacher if you would like to learn more about the Word Work homework in their journals.

# Primary Family Maths Challenge





## F to 3

Mrs Clark had some money in her wallet. She had two notes and five coins. What combination of money could she have?



# Times Tables

Don't forget students from Year 3 to 6 have times tables cards that they can practise every night.



# Year 4 to 6 Challenge

Chen is playing a game at a carnival. He must pick three numbers out of a bag. The numbers in the bag are: 21,8, 16, 32, 65 and 14. Chen will win a prize if the numbers add up to a number less than 50, if the numbers add up to a multiple of five; or if the three numbers add up to a number greater than 80.

List some winning combinations of numbers.

# Secondary Assistant Principal News



Ms Chantelle Lucas



Term 2 has shaped up to be another busy and eventful term for the secondary school. As always a big thank you to the secondary teachers and SSOs who work hard every day to provide an engaging learning environment for our students.

In the secondary teaching team, our literacy focus continues to be embedding literacy strategies and activities into our teaching and learning programs. We continue working with the Literacy Project Officers in the Education Department and our teachers are using our fortnightly meetings to do spotlights on practice of a literacy activity from their classes.

Many thanks to the parent volunteers who have joined us on secondary excursions recently. We couldn't provide so many opportunities for these experiences to our students without your help - so thank you!

# YEAR 10/11 WORK EXPERIENCE

Year 10/11 Work Experience is happening in Week 10 of this term.

I am still chasing the last few work experience forms from Year 10 students - please get them back to me ASAP.

Year 11s will attend classes as normal if not undertaking work experience.

If students are having trouble organising or completing the paperwork, please see Miss Lucas.

# **REPORTS**

Secondary teachers are busily writing end of Semester 1 reports - these will be sent home in report folders in Week 10 and will also be available on Daymap.



Students from Year 7-11 will receive an A-E letter grade against each subject.

Students in Year 12 will receive an A+ to E- letter grade against each of their subjects.

# **SACE PILOT - EIF AND AIF**

This semester Keith Area School has participated in two pilot subjects with the SACE Board, along with 30 other government, independent and Catholic schools across the state.

Year 10s have completed the new PLP, which is named Exploring Identities and Futures, with Mr Hannam during Pastoral Care lessons.

Year 11s and 12s have completed the new Research Project, which is named Activating Identities and Futures, with Miss Lucas.

The purpose behind EIF and AIF is to prioritise student agency and provide students with the opportunity to pursue more natural and organic ways of learning, and to demonstrate that learning in more flexible ways.

It has been fantastic to watch students take ownership of their learning and pursue areas of interest throughout their work this semester in EIF and AIF. We have seen students undertake volunteer work, trade and employment-based projects, and awareness campaigns. We have seen students undertake learning in areas of true interest and demonstrate their learning in ways that are meaningful to them.

We are excited to confirm that we will continue running EIF and AIF in 2024 for the next cohorts of Year 10 and 11 students.

I would like to thank Mr Hannam for joining me in running the EIF and AIF pilots, and for supporting his students to achieve positive outcomes. It has involved lots of Professional Development days for us both and an open mind in delivering a new subject.

And finally I would like to acknowledge the hard work of our Year 10, 11 and 12 students in completing either EIF or AIF this semester. It has been a challenge in doing something completely new, and hopefully a rewarding one.

# SCHOOL NEWS OUTDOOR EDUCATION DEEP CREEK BUSHWALKING CAMP

Year 11/12 Outdoor Ed – Deep Creek Bushwalking Camp

On Wednesday to Friday Week 4, the Year 11/12 Outdoor Ed class teamed up with the students from Naracoorte and ventured to Deep Creek for our first bushwalking camp of the year. The students spent the weeks leading up planning the trip and learning about how to conduct themselves on a hiking journey, to ensure we were well prepared. When we arrived on the first day, our walk began with some undulating hills and beautiful views of the surrounding environment and coastline. The walk became increasingly challenging as we got into the valleys and some steep rocky terrain took over. After seeing some other groups on the trail, we were closing in on our first check point at Trig Campground when unfortunately one of our members injured her ankle. After a bit of first aid and some change in plans, we slowly made our way to Trig and decided to stay the night. As this was our destination for the second night anyway, the students were certainly not disappointed that they were now treated to what was essentially a base camp for the rest of the trip.

Day 2 we loaded up light packs and ventured down to Deep Creek Waterfall. The weather cleared up beautifully and we were able to spend some time enjoying the scenery with the waterfall in full flow. After returning to camp, we had some lunch and refuelled before taking the trail down to Deep Creek Cove. Unfortunately the weather gods turned on us just as we arrived and the time at the cove became a wet and windy one. Of course the weather cleared up as soon as we started walking back, but dinner was had in one of the picnic shelters and spirits were revived.

Overall, it was great to see the students developing new relationships and developing a greater appreciation of the local environment. The physical element of the camp proved challenging, but is hopefully good preparation for what is to come for the rest of the year.

















# SCHOOL NEWS PARLIAMENT HOUSE EXCURSION

On Wednesday of Week 6, our Year 9 students ventured their way to Adelaide with Mrs Farmer, Mr Greaves, Alice and Aaron to explore Parliament House and Adelaide Zoo. We boarded the bus bleary-eyed at 7am and took off down the highway to our first stop, Parliament House. On the way, some of our students brainstormed some curly questions to ask our tour guide, the Honourable David Speirs, MP and leader of the Opposition in South Australia.

We arrived, armed with our list and exited the bus with relief onto King William Road. Once inside, we suddenly realised that Ellie's beautifully written list of questions had been left on the bus! Oops! Luckily, we were running a little early, so we managed to hastily remember and write down our questions again!

Our tour began and we were provided with a detailed explanation of what happens in the various rooms and chambers and where important people sit. We had the opportunity to ask our questions about how government runs, as well as learn some cool facts. This included the blood line and why they created it – two red lines on the carpet that are far enough apart that two swords would not touch in the middle – meaning that nobody could shed the blood of the opposition unless the line was crossed! We also learnt about the history and symbolism of various items such as the sceptre and the speaker's chair, where Queen Elizabeth II once sat to open Parliament.

After our wonderful tour, where we learnt lots and enjoyed seeing the beautiful architecture (including the really fancy bathrooms!), we headed back onto the bus and off to the zoo to learn about ecosystems, food security and biomes. We split into two groups so that one group could do their education session while the other ate lunch and explored the animals. We learnt lots about rainforests, ecosystems and the sustainability of where our food comes from – including the impact of deforestation for palm oil and how we can improve sustainability of this as a society. While one group was learning, the other saw a range of amazing animals including tawny frogmouth owls, giraffes, otters, a python, and meerkats!

Weary of eye and soul, we trekked back onto the bus and made our way home to our little town, full of knowledge and wonder from the big city. All our thanks to our guides, teachers and SSO's, as well as the students for being so well behaved. We had a great time, learnt lots, and had a belting sing-along from the back of the bus on the way home. The best end to an excursion we could hope for!









# SCHOOL NEWS YEAR 11/12 AGRICULTURE

We have had a great start to Ag in Year 11 and 12. There are currently 3 different courses of Ag happening in Year 11 and 12.

Certificate 3 in Agriculture (Year 11s) is a course being run by training provider RST. In this course, students complete modules online and attend courses during the term at Coomandook to gain practical experience and competencies. So far they have worked on WHS, working in confined spaces, chainsaw license and machinery operations.

**Industry Connections in Agriculture** (Year 11s) is a Stage 2 course designed to link students to the different industries in Agriculture. The students in this course have been working on WHS in farm settings, animal health, designing and building an irrigation system and helping with maintenance around the Ag area.

Agriculture Productions (Year 11 and 12s) is a course for students aiming for an ATAR at the end of year. In this course students have been working on WHS, cattle breeding and marketing, animal health including performing fecal worm egg counts and practical skills working with animals.

The Year 12s have also been working on an individual external project which will account for 30% of their total grade for Agriculture. Sarah G focussed her external project on meat birds. She raised day-old meat chicks and took them all the way through to processing and selling them as frozen chooks. Millie R focussed her external project on dairy calves. She raised week-old calves to 100 days old to see how well she could get them to grow. These calves are now happily agisting out on a farm. Peyton K focussed her external project on lambs. She is working on making point-of-sale lambs more profitable.

A huge thank you to Bek Densley who came in as a guest speaker last week and talked to all of the senior Agriculture students about sheep health in general and taught them how to perform fecal worm egg counts. We appreciate your support and for helping us learn from your experience.

A huge thank you also to the Harkness/Foote dairy at Tintinara who kindly donated the 5 calves to the school for Millie to work with. We appreciate your support and look forward to visiting your dairy at the end of the term.



# Community Bank Keith and Districts

# Bendigo Bank SHOW TEAM UPDATE

#### **Cattle Team**

The cattle team is open to secondary students. Staff supporting are Mrs Lamont, Kelly Woods & Alice Goode. Our steers have arrived at school and getting ready for the Mount Gambier Show. Team members have been learning about workplace safety and developing their handling skills to ensure they keep themselves and their cattle fit and healthy. This includes using the crush, fitting halters and tying mastering quick release knots. Thanks to Woonallee Simmentals, Morganvale Poll Herefords and Argio Park Square Meaters for supplying us with animals.

Our heifers will arrive this week. Their inclusion also means younger students can develop their leading skills on exceptionally docile animals. Thanks to Clem Mason of Jervois Holsteins for his support with sourcing these animals.

## **Sheep Team**

The sheep team is open to secondary students, and supported by Mr Greaves. Students have been spending some time drafting sheep and deciding on culls, as well as leading their animals. We are lucky to have students with experience showing sheep, like James W and Harry M, who are keen to share their skills with some of our younger students. Animal naming rights sponsors are: Wotton Family Wines, Harald Walther Travel, Goldsmith Plumbing, Wilkei Seeds, Vermeeran Bros, and Community Bank Keith & Districts.

#### **Goat Team**

The goat team is open to secondary students, and supported by Emilee Stone who has been using her own knowledge of goats, developed at Keith Area School, to ensure students have all the handling skills required. Students have also developed a feeding roster and introduced the goats to grain feed which they are thoroughly enjoying. Animal naming rights sponsors are: Keith Hotel Motel, Keith IGA, Rural Electrical & Refrigeration, and South East Car Brokers

#### **Poultry Team**

The poultry team is open to students in Years 6-8, and supported by Mr Esdale & Ella Perry. Students have been getting to know their animals over the last week and developing an understanding of some key chicken terminology and handling techniques.

Once our pullets, hens, roosters and cockerels are happy to be held, and used to lots of cuddles, students will begin grooming the animals. This includes washing, drying and even some chicken pedicures.

Major sponsor of the poultry team is the Keith Bakery.

# POINT OF LAY CHICKENS \$25 OR 5 FOR \$100 BROWN, WHITE & BLACK AVAILABLE CONTACT RUSSELL 0439 841 156

#### **Team Uniforms**

A big thanks to our uniform sponsors - Community Bank Keith & Districts.

Community Bank opened in Morch 2014 to provide banking services to the district. Their point of difference is that they are able to distribute profits back into our community. They are especially excited to be able to support youth and agriculture in our district, partnering with Keith Area School.

The bank are chipping in over \$5000 dollars to ensure our students can proudly represent their school and community in style. Their kind sponsorship has also allowed us to order a new automatic feeder for our layers.

# SCHOOL NEWS

# CLASS M1 AND M3 SLAM POEMS

### FOOTBALL

All I hear is clapping and cheering will always be running on the field to get the ball

Every day I just wanted to kick the football

The pressure was on me what if I ruin it for my team?

I couldn't think... there is sweat dripping from my head

I'm feeling nervous waiting for the next play to happen

I keep thinking about the next play

What if I ruin this game

We won't get our first win

The pressure is pulling down on me I can't think

The crowd is screaming going crazy This game is really intense By Anonymous

#### **DARK DAYS**

Once in a blue moon I feel close to you

But on the dark days I feel far away As I sit here thinking about us I burst into tears

While I start having empathy for you I think of our past

And spread my wings

I have been sitting here for days

My room is like a pool

My bed drenched but too lazy to change them

My room starting to get smaller and smaller.

As I pass away.

The love we once had was strong and passionate

But as it fades away I feel I'm still in love.

But you move on and find another.

I tried to make you stay but you just pull away

As I sit in my dark room and think of our times

I fade away into my intergalactic space.

By Anonymous

#### NETBALL

I was five years old when I started netball

It was something special to me I will always be running down the court The first time I started I never regretted it

Everyday I jus wanted to shoot a goal The pressure was on me, what if I ruin it for my team

I couldn't think, there was sweat dripping from my head

My heart was pounding

My hands were shivering, as I held the ball tightly

I just couldn't move

Here, here I was shouting

I took a deep breath and tried to calm my mind

The pressure is on, this is my moment to shine

I focused on the goal post, my eyes starting to sting

A flick of the wrist, the ball left my hands

My body went numb.

The ball was floating mid air

Tingling sensations and pride flowed through my veins

The crowd cheered and clapped

The crowd cheered and elapped

The buzzer was beeping.

We won the game By Piper

# FEAR OF THE DARK

Click...

Darkness is like a monster's mouth swallowing me whole.

I pull my covers up thinking they will protect me,

I can feel them clawing their way in, scraping at my bones.

The silence is so loud I can't think. I can feel them cascading around my room.

With the sound of a light switch stuck on replay.

Click..., click..., click...

It's like swimming in a deep murky lake except the surface is frozen.

a shiver slithers up me like a cold snake ready to kill.

It's like jumping off a cliff but surviving every time,

The fear is just as real.

They are all around but in my head, covering my brain with an icy image of themselves.

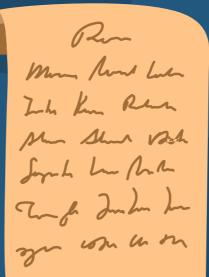
They flicker around like a lazy candle in the breeze.

and I can't help but feel that they are closing in on me,

like a pack of wolves ready to pounce on their prey.

But I know that fear of the dark is just a figment of my imagination but it is so real that I can feel them breathing heavily down my neck Click...

By Charley





# SCHOOL NEWS P6 FARM TO PLATE

On 1st June P6 braved the Home Economics room to attempt their first cooking expedition. The students were all prepared—recipes were read, jobs were given out, instructions were listened to, it was time. They all lined up outside and then filed in – washing hands, putting on an apron and finding their station.

Ingredients were gathered, measuring utensils were sought and the cooking was happening. All over the room measuring, peeling, slicing and mixing was being done. The students were smiling and learning new skills – who knew that peeling a potato would be such an exciting experience! All was going well until suddenly, we had that one sound you never want to hear – ahhh, I've cut myself. I was thinking knife, finger hanging off, but no, wait, it's worse, the dreaded peeler has struck! Washing was done, temporary coverings were applied and the front office was notified.

After 10 seconds of silence, the noise started up. Finally, the products of their labour were ready for the oven (or stove top). Then came the washing up, funnily enough, the toilet became the place to be. Then, it was lunch time – no, not our goods, they were still cooking (luckily Home Ec was also empty after lunch).

They all came back to the kitchen and looked around. The kitchen fairy had been hard at work, plates were piled high, bowls were dished up and the sinks – were filled.

The students went in, grabbed their goodies and sat and ate. The only rule – you must try a tiny piece of each dish. So what did they cook? It was a fine feast of pumpkin soup, pumpkin and potato frittata, pumpkin scones and damper (nope, no pumpkin in this one). The pumpkins had been grown in the Farm to Plate garden and carefully tended to by the students.

All in all, it was a very tiring but satisfying lesson. The students had fun and asked when they could do it again. The teacher, happy with the result (even if a teaspoon was put in as a tablespoon) smiled down at them and reassured them that yes it would happen again, just give her time to recuperate.













# **EXTRA-CURRICULAR NEWS**

# **SAPSASA**

# **CROSS COUNTRY**

On Friday 12th of May, a large number of our primary students attended SAPSASA Cross Country held at Naracoorte Primary School. Students competed against athletes from over 30 schools around the Upper South East region. It was a fantastic day overall and all runners did a sensational job.

Congratulations to the following students who finished in the top three for their age group:

Tess S - 2nd, 8 yr old girls Scarlett R - 1st, 9 yr old girls Jack M - 3rd, 9yr old boys Isabel M - 3rd, 12 yr old Girls

Well done to those students who were selected from this event to continue onto Oakbank and represent the Upper South East: Hugo S, Isabel M, Lilly W, Sharlah B, Bill M and our secondary runner Alex B.

Thank you to all those who helped and supported our runners on the day.











Well done to the students who competed at the SAPSASA AFL Boys & Girls Football carnivals in Adelaide this week!
Hugo S, Jax W, Kade R & Isabel M







# EXTRA-CURRICULAR NEWS KNOCKOUT SPORT

## YEAR 9/10 NETBALL

On Friday, Week 7 the 9/10 Knockout Netball girls (and a few helpful Year 8's who were willing to come and play against the bigger girls!) were ferried up to Murray Bridge by Mrs Farmer, Sarah Makin and some other helpful parents. We embarked on our mission to play the first round of our knockout tournament against River Mallee, Mt Barker and Murray Bridge on a beautifully sunny but horrendously windy day. Milly E was our captain and steered our team with grit and ferocity, leading our team to two wins and sadly a loss by the skin of our teeth.

The girls attacked our first game of two 15 min halves against River Mallee beautifully, resulting in a win by a decent amount. We then moved on to play the toughest team – Mt Barker – rallying to be up by 2 at half time but, sadly, we lost by 2 at the final whistle.

Our last game against Murray Bridge High was a tightly fought match. The girls were down by 3 at half time, but we clawed our way back in the final half! We spent most of the second half with scores tied, but we managed to pull ahead by 1 to grab the win.

Thank you to the parents who helped and Sarah Makin for umpiring. The girls were magnificent and flexible, willing to try anything and work hard as a team. We were so close to making our way through to the next round, but sadly just 2 goals stood in our way. Our girls deserve all the accolades for hard work, determination, skill and heart – next time will be our turn, girls!

Mrs Farmer











Well Love!

# WELLBEING NEWS

# **USEFUL RESOURCES**

#### KIDS HELPLINE

https://www.kidshelp.com.au/ 1800 551 800

### **HEADSPACE**

http://www.headspace.org.au/

Online chat available 1800 650 890

# **1800 RESPECT**

https://www.1800respect.org.au/

Online chat available – 24/7 1800 737 732

# CONVERSATION

**MATTERS** 

http://www.conversationsmatter.c https://knowyouroptions.sa.gov.a om.au

# **COVID 19 SUPPORT** LINE

www.sahealth.sa.gov.au/COVID2 019

1800 632 753

#### LIFELINE

https://www.lifeline.org.au/

Online chat available 7pm - 4am Daily 13 11 14

### **MEN'S LINE**

http://www.mensline.org.au

Online & video counselling available 1300 789 978

## **QLIFE**

https://qlife.org.au

Online chat available 1800 184 527

# **DRUG & ALCOHOL SUPPORT**

# MENTAL HEALTH

TRIAGE

https://glife.org.au Online chat available 13 14 65

# REGIONAL ACCESS

www.saregionalaccess.org.au

Free online and telephone counselling 24/7 1300 032 186

## **BEYOND BLUE**

http://www.beyondblue.org.au/

Online chat 3pm - 12pm daily 1300 224 636

# **REACH OUT**

http://au.reachout.com

## R U OK?

https://www.ruok.org.au

# SUICIDE CALL **BACK SERVICE**

https://www.suicidecallbackservic e.org.au/

Video counselling available 1300 659 467



# WELLBEING NEWS HELPFUL HINTS TO STAY SAFE ONLINE

Be careful of requests – only accept 'friend' requests from people you know in real life. This reduces the chance of getting into an unsafe situation.

Block anyone you've had contact with that was negative or unsafe – this stops them from having contact with you and from seeing your profile.

Think before you upload and share photos – post photos that show you and your friends in a positive way. Once it's uploaded, it's no longer private and could be viewed by friends, family, teachers and strangers.

Be mindful of what you write to others – you never know who will read these comments and how they might interpret them.

Think carefully about sharing links to other sites – the content could be embarrassing, upsetting or hurtful to others.

Keep your online friends online – never agree to meet someone you've only known online on your own. Take one of your parents with you and meet in a public place. If they are who they say they are, they'll be happy to do this.

Think about your privacy – avoid sharing personal information online that could be misused by someone in real life. Check your privacy settings and make sure your account is secure.

Protect your identity – pick a username that isn't your real name and a profile picture that doesn't show any personal information.

Sexting – keep sexting laws in mind when taking photos and sending or receiving images.

Below are social media applications to be very mindful with the above:



The following information was sourced from Kids Help Online. Please refer to the link below for further information on keeping kids safe online.

# KEITH COMMUNITY LIBRARY CHECK ON LIBRARY OUR NEWEST TITLES



Adult Fiction

A Recipe for Family Tori HASCHKA Family Life



Adult Fiction

The Angry Women's Choir Meg BIGNELL Contemporary



**Adult Fiction** 

**Magpie** Elizabeth DAY Thriller



**Adult Fiction** 

Tuesday Evenings with the Copeton Craft Resistance Kate SOLLY Contemporary



Adult Fiction

**M is for Mummy** Katy COX Comedy



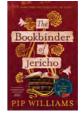
Adult Fiction

The Girl Under The Floor Charlie GALLAGHER Thriller



**Adult Fiction** 

**We'll Meet Again** Cheryl ADNAMS Historical Fiction



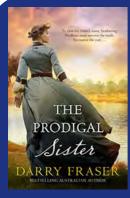
Adult Fiction

The Bookbinder of Jericho Pip WILLIAMS Historical Fiction



Non Fiction

**Spare**Prince HARRY
Memoir



# **FEATURED TITLE:**

# The Prodigal Sister

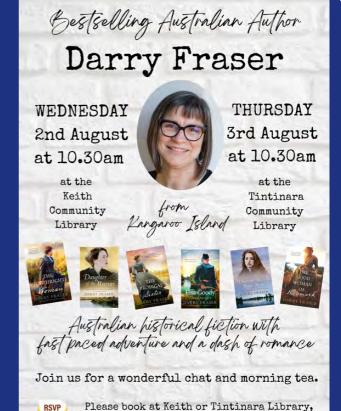
Darry Fraser Historical Fiction

1900, Melbourne, Victoria

Miss Prudence North is freshly returned from university in Scotland and determined to find her place among the male-dominated world of the new forensic sciences when a high-ranking policeman waylays her. He threatens to charge her father for illegal medical practices unless she helps him build a case against local landowner Jasper Darke by spying on him.

With her sister's illness worsening, if their income disappears, Prudence will have to take on nursing and domestic duties and she'll never have the freedom she craves. Prudence has no choice but to agree.

But when a body turns up at her father's surgery, the forensics reveal to Prudence there's more going on about all this than meets the eye. It's clear it's up to her to uncover the truth - of this murder, of whatever's going on at the surgery after hours and, especially, of the intriguing Jasper Darke. Her life, her family and her future rely on it.



Beyond Words Bookshop or Eventbrite.







# THURSDAY MORNING CRAFT GROUP

Thanks to Hayley from Bordertown Library for running our first ever Crochet Classes at Keith Library! We have had so much fun learning and crafting together that we are hoping to continue with regular Thursday morning coffee and craft catch ups!

Library staff will provide a new pattern each month and community members are welcomed to come along and work on these projects with the support of the rest of the group or bring along your own project and enjoy the company or ask for advice.

Basic crochet or craft skills will be required.
BYO hooks and yarn.

For further details contact library staff on 87553236.





# Community **News**

The Adelaide 36ers July School Holiday Clinics supported by HomeStart Finance are back. Facilitated by our Community Coaches, 36ers legends and Current Players, our 2-day School Holiday Training Camps provide the perfect environment for tomorrow's NBL stars to hone their skills and to learn from stars of our game. Available 36ers players will be in attendance.

Link to the Clinics: <a href="https://www.adelaide36ers.com/pages/holiday-">https://www.adelaide36ers.com/pages/holiday-</a>





# Junior Basketball Skills Training

Wednesday afternoons during Term 3.

Mini Hoops – 3.20pm-4pm (Foundation – Year 2) \$20ea

Session 1 - 4pm-5pm (Year 3 - Year 5) \$50ea

Session 2 - 5pm-6pm (Year 6 - onward) \$50ea

Please register interest (name, school year and email)

Alice Peek - 0476079102/alicepeek6@gmail.com

(Mini Hoops will also run in Term 4 for those who are too young for Divisions)

